



**DUBAI**  
**JUNIOR**  
**PROGRAM**

*September 2023 – June 2024*



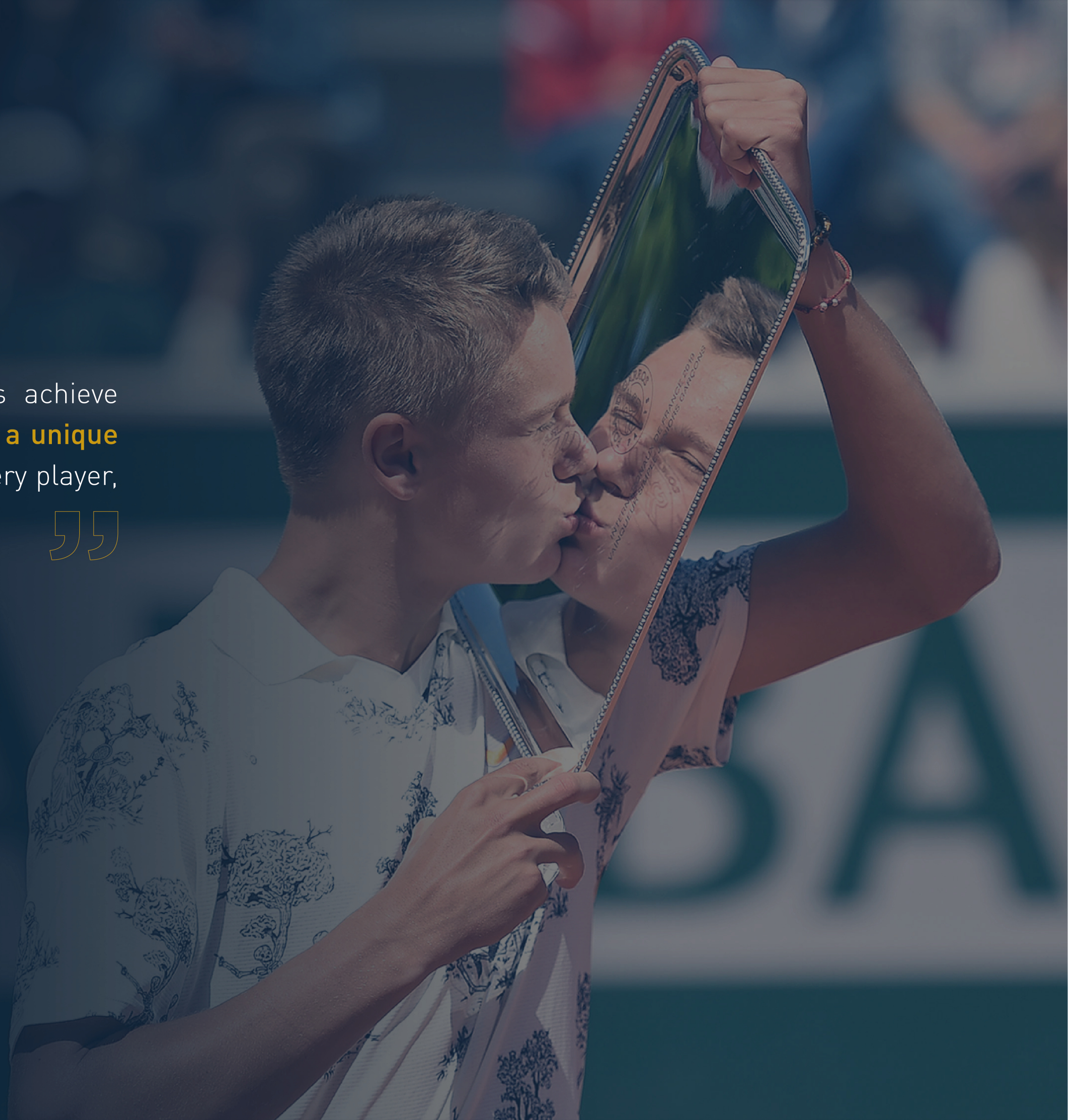


## » OUR MISSION

“ Mouratoglou is driven by the desire to help players achieve their tennis dreams, reach their full potential, and **live a unique experience**. Our goal is to have a **positive impact** on every player, regardless of their age, level or ambition. ”

PATRICK MOURATOGLOU

— *Coach & Founder* —



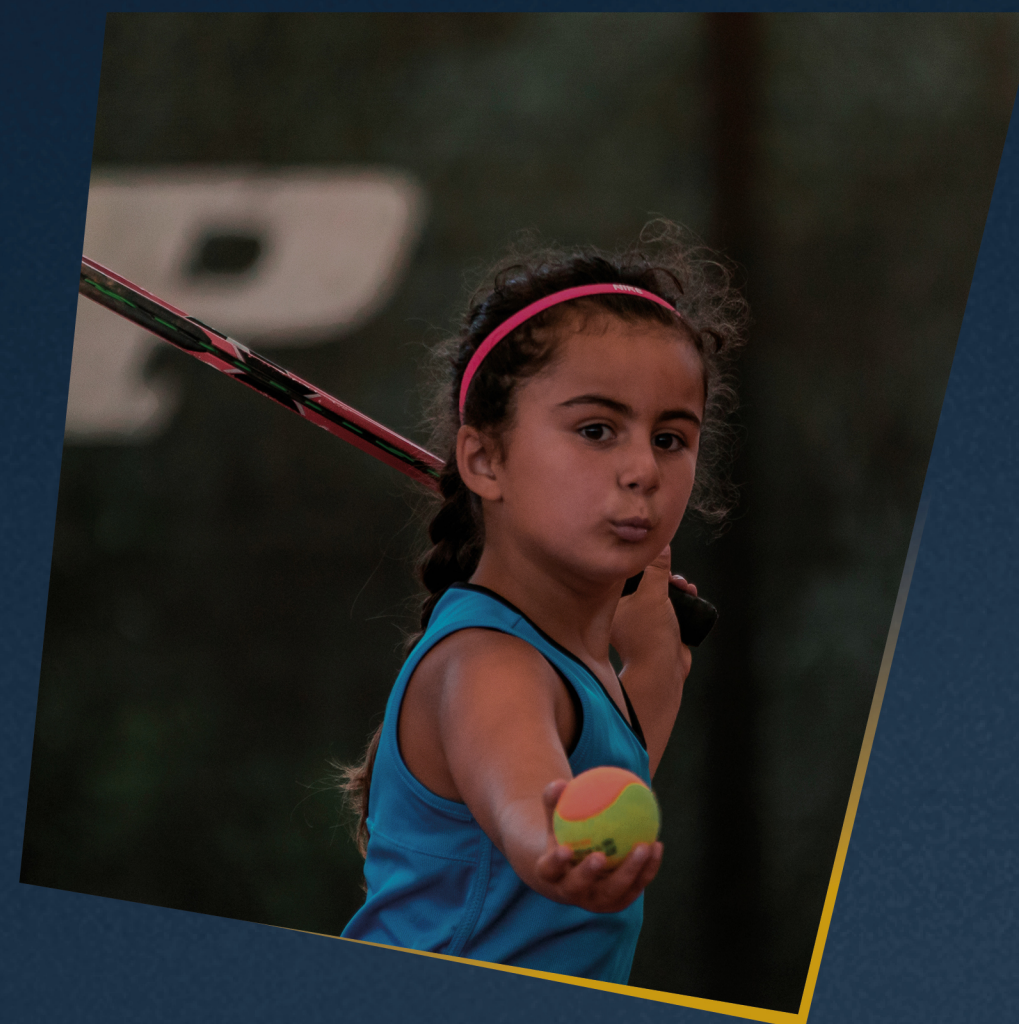


## ➤ JUNIOR PROGRAM



### RED BALL : AGES 4-7

The perfect initiation to tennis. The Red Ball (known as Stage 3) is 75% slower than the standard Yellow Tennis Ball. Stage 3 is taught on a smaller court with a mini-tennis net. The instructions are crafted to make kids fall in love with tennis.



### ORANGE BALL : AGES 7-9

The next step in learning the game. The Orange Ball (Stage 2) is 50% slower than the Yellow Ball. Students learn to develop both proper techniques and a deeper passion for the sport. Stage 2 is taught on 3/4th of a standard court with a regular net.



### GREEN BALL : AGES 9-10

The Green Ball (Stage 1) is 25% slower than a Yellow Ball. Students are exposed to proper ball drills. They learn to become more consistent and develop tactical skills. Stage 1 is taught on a full-size court with a regular net.



### YELLOW BALL : AGES 10+

Players must ideally progress through all 3 Stages to reach the Yellow Ball. Players are trained as adult players and compete on full-size courts. Players at this level are usually above the age of 10.



## ➤ CORE OF OUR **PROGRAM**

### **SKILL DEVELOPMENT:**

The goal is to provide a solid foundation and build well-rounded skill sets tailored to the player: technical and tactical abilities, agility, coordination skills and an overall understanding of the game.



### **PARENT EDUCATION AND DEVELOPMENT:**

We recognize the importance of parental support and involvement. We reinforce this through through resources, workshops and open communication. We aim to guide parents towards a better understanding of tennis, player development and healthy participation in their child's journey.



### **SPORTSMANSHIP AND CHARACTER DEVELOPMENT:**

We emphasize the development of positive values and character traits. This includes promoting sportsmanship, fair play and respect for opponents. The program aims to instill important life skills such as discipline, perseverance, teamwork and self-confidence through the tennis.



### **PASSION FOR THE SPORT:**

Our approach is to push players discover themselves and grow their passion for the sport, ultimately making tennis a long term journey across all ages and levels. The program aims to craft a positive and enjoyable experience for all.



### **A STIMULATING ENVIRONMENT:**

An environment that allows the player to develop his/her skills, mental toughness, decision-making abilities, physical condition and their competitive spirit.



### **SOCIAL INTERACTION AND FRIENDSHIPS:**

A program that promotes social interactions and friendship. The objective is to create a supportive community where players can bond, collaborate and learn from one another.





## JUMEIRAH BEACH HOTEL

### TERM 1

SEPTEMBER 4, 2023 → DECEMBER 10, 2023  
*(14 WEEKS)*

### TERM 2

JANUARY 3, 2024 → MARCH 25, 2024  
*(12 WEEKS)*

#### SPRING CAMP:

MARCH 25, 2024 → MARCH 30, 2024  
*(1 WEEK)*

### TERM 3

APRIL 1, 2024 → JUNE 17, 2024  
*(11 WEEKS)*

### MONDAY - SATURDAY

**16:00-17:00** → Red and Orange

**17:00-18:00** → Red, Orange and Green

**18:00-19:00** → Green and Yellow

**19:00-20:00** → Green and Yellow



# CHOOSE YOUR PACKAGE

\*1 hour session, 4 kids per group with one coach on each court. The junior program is a full-term commitment paid prior to start of the term to ensure consistency and quality within the groups.

## 1x PER WEEK

Players are taught the fundamentals of the game: rules, tennis terminology, basic forehand, backhand and serve technique. Technical fundamentals are taught in a lesson designed to be fun and energetic.

**Term 1** (14 weeks): → AED 2,100

**Term 2** (12 weeks): → AED 1,800

**Term 3** (11 weeks): → AED 1,650

## 2x PER WEEK

Players will start developing their own style, get more comfortable with fundamentals and start engaging in actual rallies. Lessons will include more drills and competitive formats designed to target more specific needs of the player.

**Term 1** (14 weeks): → AED 3,920

**Term 2** (12 weeks): → AED 3,360

**Term 3** (11 weeks): → AED 3,080

## 3x PER WEEK

Players are fully committed to tennis. They are expected to master fundamentals and start playing tournaments. Technical and physical abilities are covered through practice matches. Lessons are designed to help the player achieve decent results in tournaments.

**Term 1** (14 weeks): → AED 5,460

**Term 2** (12 weeks): → AED 4,680

**Term 3** (11 weeks): → AED 4,290



# JOIN US



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Junior Program Team



**Mouratoglou\_center\_dubai**



**mtcj.moonball.app**

CONTACT US ON WHATSAPP TO KNOW MORE ABOUT THIS PROGRAM

